

Southeast Public Health Leadership

Final Project

November 15, 2005

WAIT

**“Working to Achieve Independence for
Teenagers”**

By: Sandra Graham

SEPHLI Leadership Project

WAIT “Working to Achieve Independence for Teenagers”

The purpose of this project was to coordinate a group of caring concerned teens, parents, and adults to educate on the consequences of risky behaviors by working with youth and promoting positive role modeling to adolescents and youth to encourage them to set goals for their future.

The personal health care system traditionally focused on treating illness and disease rather than preventing problems emanating from health risk behaviors. However, it still acknowledges the critical importance of prevention.

Introduction / Background

The past two years I have coordinated a task team called WAIT which consists of adolescents and adults battling a local problem. The former administrator, a teen and I listened to the concerns from teens about their friends and peers use of tobacco and substance use/abuse, teen pregnancy, not doing well in school and some teens not setting goals for their lives after graduation. Overall, not understanding the lifelong consequences of risky behaviors and decisions not thought through. These problems, especially drug use, are taking the minds and souls away from our youth, as a result we started WAIT, a task team to get positive involvement from adults and teens for the betterment of our community and youth.

Our county is very rural with a high unemployment rate (12-14%) with few opportunities for economic growth. Added to that, 25% of those over 25 lack a high school education. There are few recreational activities for youth and many of our youth live in poverty. Our county was number one in the state in teen pregnancy but now ranks number fourteen. Education among teens and parents about teen pregnancy has increased but the impact of adolescent pregnancy is far reaching, not just for the teen, but the families, public funding, and society. Teen mothers are more likely to be unwed and to receive public assistance. There is increased risk teen parents will drop out of school, be unemployed, and have long-term welfare dependency. Children of these adolescents are much more likely than other babies to be born with very low birth weights, be deprived of learning opportunities, live in poverty and victims of domestic violence. Data, statistics, and personal interviews have given us the information we need to move forward to help protect the young people of our community.

In May 2004 a community assessment was conducted by the Clay County Health Department (CCHD) which was completed by residents of Clay County. The results from the assessment gave us the opinions and concerns from the residents, not only youth substance/alcohol use but also adult usage. The assessment was sent to the West Virginia

Health Promotion Division for data analysis. Some of those results reported by the adults include, also see Appendix A:

- 87.2% report Clay has both a teen and adult drug/alcohol use/abuse problem
- 85.6% report secondhand smoke is dangerous
- 84.9% report a teen tobacco use problem and 83% would support a community effort to reduce tobacco use by youth
- 71.4% report a drunk driving problem

In April 2002, CCHD conducted a Search Institute survey to the students of Clay High School. This survey gave vital information on how adults need to be more involved with youth. Statistics has shown that when adults become involved with youth in positive ways the health, well being and the lifestyle of both youth and adults improve. Following are some results of that survey from the students, also see Appendix B:

- 68% report family provides love and support but only 20% report having positive family communications
- 63% report serve in the community but only 29% report youth are used as resources & only 28% fee the community values them
- 62% report attending a religious institution but only 22% report having positive adult role models
- Only 29% report having restraint from risky behaviors
- Only 26% report knowing how to plan ahead and make choices
- Only 48% report taking good care of their health
- Only 17% spend 3-4 hours per week on creative activities

Providing leadership, guidance, positive role modeling, and factual information about the consequences of risky behaviors will help these youth make the right choices in their lives and provide parenting and leadership skills to adults and parent.

Project Description, Objectives and Methodology

Making the assumption that community problems and solutions belong to the individual, our approach is to enhance community infrastructure and build the processes necessary to support meaningful work among everyone in the county to include local and state government, civic organizations, health care systems, faith community and educational system.

The objective of this project and focus of WAIT was to target everyone in our community especially youth on the consequences of risky behaviors which included education on drug, alcohol, tobacco prevention, teen pregnancy prevention, information on sexually transmitted diseases (STDs), abstinence, promoting goal setting, and positive

communication. Substance use/abuse issues are intricately attached to a host of other issues and conditions existing within communities, and it is functionally impossible to separate out substance abuse problems independently from other community issues. The implication for the community is that it will take considerable support and effort to understand the interplay of the issues and then find a way to create changes. Because no two communities are alike it will take an ongoing process of assessing, planning, implementing, evaluating, and learning from mistakes and seeing the changes made to make substantial headway with positive changes for our youth. The project examined the infrastructure of existing efforts from local stakeholders, organizations, health care systems, and community leaders which were working to make safe drug free educational activities for youth. This was to be accomplished by collaborating with the Family Resource Network (FRN), faith community and teens.

With the information given to us by the students, Community Health Assessment, and Search Institute, an educational interactive project was needed to continue to get more community involvement and funding. The project needed to be a comprehensive approach regarding consequences of physical inactivity, poor nutrition, substance use and how it is linked to multiple health problems. The project was to include educational information on the importance of physical activity, nutrition, prevention and goal setting with emphasis on community involvement from youth and adults. We plan to target schools in Clay County, businesses, community organizations, and faith community. By identifying these groups, the information will be saturated to all areas of the county. The aim was to get information to at least 8,000 people in our rural county in the past year.

Results

We started WAIT team two years ago through the health department with permission from the nurse administrator under the premise of health promotion. With only one teen, which was my daughter, and myself we had some barriers to overcome. When we first started we were told that the school administrators would not allow us in the schools. Public health was not well received in the school system. We met with the principals and faculty to explain to them what our goals and objectives regarding disseminating information on the consequences of risky behaviors, give them results from the Search Institute Survey and to find out what the animosity was for public health. Several teachers asked us questions that were quite shocking. One health teacher commented, "Why should we allow you to come into our school when you perform abortions at your health department? I heard you all do them every week." Other questions, "Why do you want to pass out condoms to sixth graders?" "I heard that the health department staff passes out birth control pills to teens with no questions asked." "I heard that the health department promotes birth control and no abstinence." "The health department should not be allowed to pass out birth control and condoms to teenagers."

“If my child were to become sexually active, he can go to the restroom at the convenient store to get a condom and not go to you people.” I explained to the group:

- Only two abortion clinics exist in WV, neither are health departments. Clay Health Department has never and will never perform abortions.
- Condoms would not be passed out to the students in the schools. Abstinence will be the focus but age appropriate teens need to know about comprehensive sex so they can protect themselves from pregnancy or sexually transmitted diseases if they choose to become sexually active. Being knowledgeable is the key to safety and factual information delays teens from becoming sexually active because they are aware of the consequences.
- The health department is Federally Funded and is required by law to provide confidential Family Planning services to everyone, including teens
- Staff nurses provide extensive education to all family planning patients, which include education on abstinence, diseases, birth control, and support. This information can not be found in a condom machine.

After this meeting we discovered that the health department was only seen as family planning prevention center and we came away with the knowledge on how to correct the years of misinformation. We slowly were accepted into Clay High and Clay Middle School to provide discreet minimal information on risky behaviors. School administrators would review all information before being disseminated among the students. We soon built trust among the faculty and administrators and our WAIT team could move forward. We soon had twelve teen members but only one adult member, a pastor from a small rural church.

We met with Margo Friend, Adolescent Health Initiative Director United Way of Central West Virginia. We began to collaborate with Margo and adults and teens from three other counties who were working on the same objectives in their communities. The teens developed the vision and mission statement for the United Way and we adopted and changed a few words to fit our team: See Appendix C also included is WAIT policy, adapted by the teen members:

- Vision: A healthy environment where youth are happy to pursue their dreams.
- Mission: To provide opportunities for youth involvement in the community by teaching them leadership, critical thinking, listening, and other skills to help them fulfill their dreams, to make a difference in their own life and the lives of others.

After we were fully accepted into the school system our task team was become well known for the work being done. The principals gave me permission to speak to the high and middle school students. The presentations were presented in classroom settings and were very informal which gave the students the opportunity to make comments and ask questions. See Appendix D for some of the comments made by students. After listening

to the concerns and comments from the students has inspire us to work even harder to educate on the consequences of risky behaviors.

We still had barriers to overcome in the faith community. Pastor Schoolcraft tried numerous times to convince his congregation of the need to educate their youth on consequences of risky behaviors. The elderly in the congregation would not “hear of it”. I was asked to speak. He planned a meeting of seven churches. The meeting consisted of younger parents and adults that were open minded to the need for change and knew the issues that our youth faced and most of the people present were from churches from other counties. Those in attendance are working to improve adult / teen communication.

An incident that occurred February 2004: WAIT teens and I were providing educational information on all terrain safety, drug / tobacco/ alcohol prevention at an elementary school Valentine Dance. We were confronted by a pastor’s wife, she immediately called me the “Devil’s helper”. The teens were visibly upset with her comment. I asked her to explain her comment. She was irate, “You telling these kids about sex, it’s the devils work.” One teen who remained calm stated, “Sandy volunteers her time and works with us and other teens so we can make better choices for our lives. She does not talk about sex.” The woman then looked at the teens and said, “Well that also makes you all devil helpers.” I could not believe what this person was saying. I stated to her, “You can say what you want about me but do not talk about these teens who are volunteering so hard to make this community and the lives of others better.” The teens wanted to take up for me but I asked them to go into the school and proceed with talking to the students and parents. The pastor’s wife continued to be belligerent. Her son was with her, he was teary eyed and so embarrassed. He had told me at school earlier that day that he wanted to be a member of WAIT to help be a mentor to youth. I invited her inside to observe the work we do. She stated, “If I am seen talking to you or any those kids that help, I will be just as bad as you are.” I know this woman was listening to rumors that “the health department is only for family planning prevention and abortions.” I informed her that the teens and I would be glad to do a presentation at her church to clarify misunderstandings. She just stated, “I had better never see you talking to my son or looking my way.” I have seen her son frequently at school; he apologized for his mother’s behavior. She is starting to ask questions from other people about the team. At a parent teacher conference in May, I gave a presentation on methamphetamine, other substance use, and a slide show of the past two years of WAIT. She was present and she took some of the handouts. She did not talk to me but talked to two teen members. I believe she is starting to see the light.

In February 2005, six WAIT teens attended the Clay Board of Health meeting. This particular meeting was to vote on Clean Indoor Air Regulations for the county. The regulations would ban smoking in county restaurants and other public areas. The conference room was full of people, pro and con for the ban. Each person was given three minutes to make comments. When the teens made their comments, the people that were against the ban became irate when the teens gave facts and expressed their opinions about secondhand smoke. Some irate comments were, “They are kids, they have no rights.”

“They are too young to know anything.” The president of the board interjected, “The teens have a right to voice their concerns.” “They did not interrupt the adults and I expect the same respect and courtesy toward them.” Some of the adults became angry and left the meeting. I was proud of those teens. They commented to me, the board meeting was a learning experience and they could not have imagined people getting so angry over something that are so dangerous as secondhand smoke.

WAIT has been collaborating with the FRN since March 2004. The team has had a consistent teen membership of sixty-five to seventy-five, but only four active adult members. When we have activities there are always several adults who volunteer to help chaperone or work at the events but no participation in the planning process. However, the team has made an impact on people’s perspectives and attitudes of the need for education on risky behaviors.

During this past school year I promoted a Jump Rope Competition in the elementary schools to increase physical activity, better nutrition, and with training the WAIT teens provided education on drug, tobacco, alcohol prevention and encouraging goal setting. In March 2005, we collaborated with the school nurse and the Regional Health Educational Program (RHEP) to incorporate the competition in a Cardiac Kids Health Fair which included all fifth grade students in the Clay Elementary Schools. The health fair was held in the high school auditorium. Twenty-five WAIT teens provided educational skits, slide shows, and energizers for the fifth grade class during the all day health fair. The top fifteen jumpers from the elementary schools competed for prizes and trophies during the fair. The jump rope competition was such a success we are providing it again this year and also plan to start a Jump Rope Team at Clay Middle School. The WAIT members from the high school want to be the mentors for the middle school students that will join our Jump Rope Team.

WAIT coordinated several activities or participated in events this past year which has been very beneficial toward our goals and objectives. See Appendix E for a list of activities and events WAIT has been involved with and Appendix F for a list of organizations, groups, or other people who assisted this past year or presently are partners.

Conclusion

When we started our group, we knew that there would be obstacles and barriers. WAIT has overcome most of the obstacles to accomplish the goals and objectives. We have a great working relationship with several community organizations, health care system, educational system, and others.

As the program got underway, we felt it was important for the team to keep relevant

partners and community members informed about the progress. Two WAIT teens, which are FRN Board Members, and I always attended monthly FRN meetings to update partners of the progress. At the FRN meetings were several partners which included educational system, child abuse prevention committee, environmental committee, Parents As Teachers (PAT), Cancer Awareness Task Team (CATT), Cancer Information Specialist (CIS), faith members, recreational committee, and health services. It was important to be accessible to partners and open to their ideas and concerns. We also had monthly meetings with WAIT members at the school to develop plans and evaluate our progress and need for improvement and changes.

Community members and youth were needed to be actively involved throughout the implementation of the action plans: there were several ways we achieved this. I provided training to teens on how to present information on tobacco / alcohol / drug prevention to younger youth. I was a camp nurse at Teen Leadership Institute in June 2005 which eighteen WAIT members attended. At present date, there are sixty-six teen members and six adult members in WAIT but there are always several adults during activities and events. Clay Primary Care System is becoming involved with our team. Mary Grandon, Physician Assistant will be working with us providing obesity and nutrition education. Last year, Mrs. Grandon, Dr. Gately and I did a sexually transmitted disease (STDs) presentation for approximately two hundred high school students. With permission from the principal, we had shown some graphic pictures of STDs. The students have requested that the presentation be presented to the entire student body on December fourteenth. We will include information on alcohol, drug, tobacco prevention, date rape, rape/domestic violence prevention, etc.

The WAIT team co-won the West Virginia 2005 "Share the Vision" Youth Group Prevention award on November 3, 2005. The award is to honor youth who encourage and inspire. The award is given to youth who strengthen their communities through volunteer work, and/or positive life-styles. The award recognizes those who are making a difference in their communities. Last year the 2004 youth individual "Share the Vision" award was presented to WAIT member Sarah Graham. See Appendix G.

During awards day in May at the high and middle school, the adult members presented the teens with certificates of community service hours for their volunteer work in the community. The teen members had volunteered over 4,000 hours working, mentoring, or providing education on prevention. Some of the students, who would not otherwise been given award were so proud to be recognized in front of their peers for their work, care and concern for their community. Example of their hard work: the teens worked to clean forty-six miles of the Elk River in Clay. With the assistance from Department of Environmental Protection, FRN, and Solid Waste Authority, WAIT members, adult and teens, helped to remove 269,000 pounds of trash and 2,500 tires from the river.

However, the main barrier that we can not overcome is funding sources and time to work toward such an important need for the community. Public health is not being utilized in ways that would benefit the youth, teens and adults. My time to work toward health promotion activities was fifty percent for last year but this fiscal year it has been decreased to ten percent. The WAIT teens were upset that my time was decreased. They called the administrator and she was only able to increase my time to ten percent to devote to health promotion. The WAIT members and I have built a trust factor within the community and school system but my time is limited. Even the school administrators have called, wanting us more often to provide prevention to the students and in some cases the faculty. There is so much that can be done with prevention, if only funding was available to public health. One of the objectives for this year is encouraging the teens to become involved with the legislature in order to express their concerns of prevention education in the communities and to utilize public health. The health department administrator and I are applying for a grant for drug and alcohol prevention. Hopefully, we will be awarded this grant to continue with our work. When we first started the program, we were told that school administrators would not allow us in the schools. The doors have been open to provide prevention education but the lack of funds has temporarily put locks on some of the entries.

The health department staff discussed our role of public health and how much the teens are devoted to the helping in their community and mentoring to their peers and younger youth. We are planning future projects that will include the youth, present partners, other concerns citizens, and organizations. During projects we will provide education on the consequences of risky behaviors, goal setting, and living healthier lifestyles while communicating positively with teens and youth. Three of the main projects will include:

- Youth Court
- Environmental Clean Up
- Increasing Physical Activity and Proper Nutrition

Youth courts – also known as teen, peer, and student courts – are programs in which youth sentence their peers for minor delinquent and status offenses and other problem behaviors. Although youth courts have been in existence for many than 30 years, the number of youth courts has increased exponentially over the past decade. West Virginia presently has four teen courts in the state and documentation about the program is a deterrent for the youth crimes and encourages them to set goals for the lives. For more information visit the website: www.youthcourt.net

Another project is to continue environmental clean up. The youth have volunteered in the past two years to remove 269,600 pounds of trash and 2,500 tires from the river. The river is safer and more beautiful because of the hard work of the teens and concerns adults. The CCHD staff and WAIT will work with appropriate organizations and present partners to clean up Clay County. From a health perspective, the trash at people's

residents and illegal dumps causes breeding of mosquitoes, become infested with snakes, rats, roaches, disposal area for methamphetamine waste, and causes other health issues.

Physical activity and proper nutrition will be another focus for our youth. We plan to begin a Jump Rope Team in December with the middle school students. This will be the first time we have attempted this project. Several high school WAIT members will be helping mentor and assisting. We have gotten permission from school administrators to begin, jump ropes and jump rope tapes have been purchased. Now we just need the time to start. This will be an after school project. Some of the students that have signed up for the team have commented that they are not “good enough” to be on the school athletic teams and they are ready to be a part of a team. Our objective is to have fun, become physically active, respect for others, and work as a team.

In conclusion, with hard work, dedication and a wonderful group of caring concerned teens and adults positive changes can be made for the betterment of communities. We need to inform government officials of the importance of communities working together and the need for public health funding for prevention efforts.

Leadership Development

Being involved in SEPHLI has helped me tremendously in my leadership abilities. Before, I would not delegate any task or duties to staff or volunteers. Now I can take a step back, assess the situation and develop plans or ask for help to develop plans to better get the job completed. I do not get stressed as easily and stay focused more clearly. I am terrified of public speaking but in the past year I have give several presentations. Being in this leadership program has helped me to overcome most of that fear. My duties at the health department are very demanding at this time. I presently am the threat preparedness coordinator and strategic national stockpile (SNS) coordinator for the CCHD, health promotion nurse, back up nurse for four other programs, and SNS lead for a ten county region. At a staff meeting last week, I explained to the staff the requirements of them as related to threat preparedness. Before SEPHLI, I could not have relayed that information because of the confrontation from staff. But the staff listened and asked questions, the meeting went well. My passion is health promotion and working with youth. I am looking for a future of educating on the consequences of risky behaviors, environmental clean up, helping youth to set goals for their future, helping adults and teens to communicate positively and constructively on each other. With the tools and knowledge given to me at SEPHLI, I feel that I am better prepared to accomplish my own goals.

APPENDICES

- Appendix A Community Assessment**
- Appendix B Search Institute Survey**
- Appendix C WAIT Vision & Mission**
- Appendix D Student's Comments after Presentations**
- Appendix E List of Activities**
- Appendix F List of Collaborating Groups or Organizations**
- Appendix G Brochure of WAIT Task Team
Share the Vision Award**
- Appendix H Websites to see WAIT at work**
- Appendix I WAIT with Governor Manchin at Tobacco Free Day
during WV Legislature in February 2005**
- Appendix J Prevention Slide Show, completed by a teen and WAIT Coordinator**
- Appendix K Clear Indoor Air Slide Show, completed by a teen and WAIT
Coordinator and a Group Tobacco Prevention Campaign**
- Appendix L Slide Show of WAIT in Action**
- Appendix M Information on Meth**

Appendix A

**Community
Assessment**

Appendix B

Search Institute Survey

Appendix C

WAIT Vision & Mission

Appendix D

Student's Comments

After

Presentations

Appendix D

Student's Comments and Presentations

When we first started the WAIT team I had done presentations to different groups and after wards I asked for anonymous surveys to be completed. The following is some of the comments from the youth.

- “I learned that I can say no to sex”
- “kids are depressed, abused and sexually active, they need attention and love”
- “don't have sex just because someone tells you they love you”
- “I need a father if dad leaves me”
- “we face a lot of problems that deal with sex and pressures, adults can help us by understanding our problems and help us be who we are”
- “I don't think anything can help, you need to talk to the younger kids, you can help them a lot more”
- “adults need to be open minded”
- “guys are to aggressive”
- “kids have sex before they are old enough, give them more information”
- “drugs are everywhere, I don't know what could help”
- “drugs, alcohol, peer pressure, to much to tell”
- “parents need to talk to kids about sex and teen pregnancy”
- “you made think differently about sex and drugs”
- “sex is not worth losing your freedom”
- “kids are having sex way to much, parents and adults need to show them the serious consequences”
- “parents need to talk to us and listen to our concerns”
- “teens believe sex is not dangerous, the presentation is very informative”
- “I did not know that alcohol was involved in 75% of rapes”
- “I learned about condoms and STDs and that I can say no to sex”

Comments from middle school student's to why they begin using tobacco products:

- “parents smoke, so it can't be that bad”
- “might as well smoke, we breathe the smoke anyway”
- “some parents just don't care”
- “it makes us look grown up”
- “peer pressure”
- “our friends do it”
- “to rebel”
- “a family starts us using it”

Comments of why they would not use tobacco products

- “makes you stink”
- “cost too much, I rather use my money on fun stuff”
- “I get upset when my parents say they can’t afford a pair of shoes for me but they can always buy their cigarettes” (I looked at the young man’s shoes, they were dirty and torn)
- “I don’t want to die young like my grandpa did”
- “Some kids think that it makes them look cool, but it doesn’t”

A question on the survey was for comments from youth on what kind of activity or recreation would you like to see in Clay for teens?

- party with no drugs or alcohol
- a safe place or camp for information on risky behavior prevention
- anything to get teens attention
- teen center (several responses)
- ATV trail
- better community

Information needs to be given to teens and adults on the consequences of their behaviors. Parents and other adults need to be informed on how to communicate to children in positive ways. Adults and teens need to become involved and help coordinate activities for children that promote healthier lifestyles. The youth and teens are asking for positive interaction and guidance from adults. Children and teens need positive communication from adults, *not lectures*. They need an explanation of why something is *bad or wrong or dangerous or risky* for them.

Appendix E

List of

Activities

Appendix E

List of Activities Participated in and or Coordinated by WAIT

All Activities Consisted of Prevention Information and Education

Community and Health Care Systems

- 10 members wrote and did 6 local radio tobacco prevention PSA's
- Participated in a Tobacco Prevention Campaign See Appendix 11
- 32 members participated in Clay Apple Festival Parade
- Several members helped clean up illegal dumps and the Elk River and participated in America Recycle Day
- Volunteered at the Clay Health Department Health Fairs
- Volunteered during Breast Cancer Awareness Day
- Worked with FRN Director during Community Aerobics Class
- Presentation to Retired Teacher's Organization in October 2005, the group would like presentations at their
- Obtained 275 "Smoke Free Home Pledges"

Educational Systems

- Promoted the Jump Rope Competition and worked with School Nurse and RHEP during the Cardiac Kids Day Health Fair
- Coordinated Teen Issue Day at Clay High and Clay Middle School
- Gave Presentations to elementary school students
- Coordinated a Lock-In for teens
- Coordinated a dance
- Worked with FRN Director during Community Aerobics Class
- High School assembly on Meth Education keynote speaker Eric Renegar
- High School assembly on HIV presentation, keynote speaker a young man with AIDs
- School assembly re: drug prevention key not speakers Army National Guard Drug Task Force
- 18 Teens attended Teen Leadership Camp June 2005
- Teen Pregnancy Prevention Poster Contest
- RAZE

Government

- Attended WV Legislature Public Health Day in March 2005 & Feb 2004
- Attended WV Legislature Tobacco Free Day in March 2005 & March 2004
- Attended Board of Health meeting and expressed their opinions and gave facts on secondhand smoke regarding the vote on Clean Indoor Air Regulations in Feb. 2005

Faith Community

- Presentation to religious group

Appendix F

List of Collaborating

Groups and

Organizations

Appendix F

List of Collaborating Partners or Groups / Organizations

Partners

Presently WAIT is considered part of Clay County Health Department / Family Resource
Network WAIT Task Team

Clay Primary Care

Regional Health Education Program (RHEP)

School Nurse

Faith Community – Pastor Freddie & Janie Schoolcraft

School System especially the principals at Clay High and Clay Middle

State organization: Community Development Specialist

United Way of Central WV

Groups or Organizations (assist in activities and events)

Ameri Corp

Parents As Teachers

Retired Teachers Organization

Child Abuse Prevention Committee

Department of Environmental Protection

Cancer Information Program

American Cancer Society

Tobacco Prevention Program of WV

Cancer Awareness Task Team

Law Enforcement during Teen Issue Days at the schools

Board of Education

Clay Solid Waste Authority

Appendix G

Brochure of WAIT Task Team

“Share the Vision” Award

Appendix H

Websites to see

WAIT at work

Appendix I

**WAIT with
Governor Manchin**

**at Tobacco Free Day
During WV
Legislature**

Appendix J

Prevention Slide Show

**Completed by a
Teen and WAIT
Coordinator**

Appendix K

Clean Indoor Air Information

**Completed by a
Teen and WAIT
Coordinator
and a
Tobacco Prevention
Campaign**

Appendix L

Slide Show of WAIT in Action

Appendix M

Education and Informational Poster on Effects of Methamphetamine

WAIT and health department circulates the poster throughout the businesses, organizations, churches and schools. The information has been one of the best tools we have done in the fight on meth use.